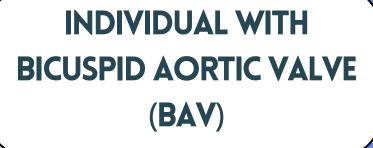


GENETIC CONSIDERATIONS WHEN ASSESSING BICUSPID **AORTIC VALVE (FIG 1.)**

Oct 2025



FIRST-DEGREE RELATIVES

Recommend screening by transthoracic echocardiogram (TTE)

If there is no evidence of BAV or aortic dilatation on TTE, no suggestion of family history of aortic aneurysm/dissection, no suggestive signs of a syndromic aortopathy then one time TTE is reasonable for FDRs.

NON-SYNDROMIC

isolated with or without thoracic aortic disease

FAMILY HISTORY

Take a 3-generation family history asking about other relatives with:

BAV

left ventricular outflow track obstructive (LVOTO) defects

thoracic aortic disease

other congenital heart defect

sudden cardiac death

IF ALL ARE NO

IF ANY ARE YES

REFER

Consider referral to cardiology for surveillance and management.



REFER

Consider referral to cardiology for surveillance and management **AND** to genetics



SYNDROMIC

Features of a connective tissue disorder such as Marfan syndrome, vascular Ehler-Danlos syndrome, <u>Loeys-Dietz syndrome</u> or features suspicious of <u>Turner syndrome</u> in those assigned female at birth.

Family history of a connective tissue disorder

Tall for family

Ectopia lentis (lens dislocation)

Spontaneous pneumothorax (particularly if recurrent)

Hypertelorism (wide-spaced eyes)

Bifid uvula

Hollow organ rupture

Spontaneous tendon rupture

Extensive and unprovoked bruising (prior to anti-coagulation)

Very translucent skin

Pectus carinatum or significant pectus excavatum

Scoliosis requiring bracing or surgery

Significant varicose veins at a young age

Suspicion of <u>Turner syndrome</u>. Highly variable presentation but may include: short stature, low posterior hairline, low set ears, short webbed neck, premature ovarian failure, delayed or failure to attain puberty, congenital anomalies e.g. heart, kidney

IMAGING AND SURVEILLANCE

Transthoracic echocardiography (TTE) is the firstline imaging for BAV diagnosis and phenotyping. Computed tomography (CT) angiography, or cardiac magnetic resonance imaging (MRI) can be considered when TTE visualization is poor.

Frequency of surveillance will be determined based on results, personal and family history.



IF ANY ARE YES

REFER

Consider referral to genetics for an assessment.